



## IMMANUEL APPROACH

### RELEASE FORM

#### Flamborough Christian Fellowship

Name: \_\_\_\_\_ Spouse: \_\_\_\_\_

Address: \_\_\_\_\_

City/ Town \_\_\_\_\_ Apt. # \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone # \_\_\_\_\_ E-Mail Address \_\_\_\_\_

#### The Priority and the Process:

The primary objective of the Immanuel Process is not to resolve trauma and relieve symptoms but to help the recipient connect more intimately with Jesus by removing barriers between their heart and Him and then build their capacity to maintain that connection. We gratefully accept if this should result in any resolution of psychological trauma and the associated symptom relief as side benefits, but this is not the primary purpose.

- The process begins with recall of positive memories and deliberate expression of appreciation to Jesus to prepare our brain-mind-spirit systems for connecting with the Lord; and then to establish a living, interactive connection with Jesus as the foundation for the session.
- The process is organized around turning to Jesus, focusing on Jesus, and engaging directly with Jesus at every point in the session. Coaches simply facilitate connecting and increasing one's capacity to stay connected with Jesus.
- The process involves the recipient giving Jesus permission to take them to an area in their life where they do not yet know the love and goodness of God. When recipients perceive that they have been taken to a place or memory, they are encouraged to report what they are perceiving to their coach and then look for Jesus. It is an encounter with Jesus, not the exploration of the memories that the Immanuel Process is all about.

#### Risks with the Immanuel Process:

- Whenever a person engages in spiritual encounter and communication, there is always risk. While the coach can help people to establish a living interactive connection with Jesus, they cannot be absolutely certain that there is no interference with the encounter; that the recipient is reporting openly everything or interpreting accurately what they perceive during that encounter. It is important, with this and all aspects of spiritual encounters and communication, that any revelation or communication a person receives in such an encounter aligns itself with the Word of God. Because of this, we encourage recipients to discuss with another mature believer they trust (other than the coach) anything which has created uncertainty or confusion as well as anything that would involve a major decision. X \_\_\_\_\_
- The purpose of the coach is not to lead by suggestion or to provide counsel but simply to direct the recipient into encounter with Jesus. In that encounter with Jesus, the recipient gives Jesus permission to escort them to whatever place in their lives they do not yet know his love and goodness and to ask him what he would like them to know in that situation. The effectiveness of the process is contingent on the continuous, open, honest reporting that the recipient offers while encountering Jesus and their willingness to let him lead. X \_\_\_\_\_
- The recipient should be aware that to ask Jesus to take them to any place in their lives where they do not yet know his love and goodness could result in facing unresolved issues, traumatic memories, and painful emotions. The recipient is free at any time to explore these with Jesus or terminate the process. The recipient should be aware that should they encounter a traumatic memory, there is no way for the coach to be certain that the actual details of that memory are

Karl D. Lehman, M.D.

[www.kclehman.com](http://www.kclehman.com)

Charlotte E. T. Lehman, M. Div.



not distorted in some way in the recipients mind. If the recipient has not been conscious of such a memory prior to entering the Immanuel Process or is uncertain of the veracity of the details they perceive in that memory, they should substantiate the details in some other concrete way before being considering them authentic.

X \_\_\_\_\_

- The recipient should be aware that since the focus of the Immanuel Process is to help the recipient make connection with Jesus and grow in their capacity to stay connected, should that encounter stir up unresolved issues, traumatic memories, and painful emotions there is no guarantee of any results as far as relief. At times the sadness or pain of the experience may cause the recipient to disconnect relationally from Jesus. This can be somewhat disconcerting but it should not be a surprise.
- With the recipient's permission, the coach will help re-establish a connection with Jesus in the safety of their initial warm encounter.
- If the recipient should also disconnect relationally with the coach, they may choose to leave without resolve. This means that they will be on their own to resolve any turmoil stirred up. Our recommendation is that the recipient would permit us to help them regain their interactive connection with Jesus in a safe encounter before they leave.
- The recipient should also be aware that even should they experience a measure of relief during the Immanuel Process, there may be issues that will still be unresolved when they leave the session.
- Every person is different. Every encounter is different. While some experience deep loving encounters with Jesus, others find quick relief, still others will be working with disturbing or painful issues that surface over an extended period of time. X \_\_\_\_\_
- The recipient should be aware that there may be issues or details that they are uncomfortable or unwilling to deal with as well as memories they are unwilling to revisit. There may be situations, as well, that the coach feels are beyond their experience to facilitate. In either case, though the issue has not been fully addressed or resolved, the coach will seek as positive a method as possible to bring the session to a close. In such a case, the coach will seek to direct the recipient to a trained and qualified counselor. X \_\_\_\_\_

I have reviewed the priority, process and risks. I understand that Immanuel Ministry is not staffed with trained or licensed counselling professionals, therapists or medical practitioners. I understand that the role of the Immanuel Ministry staff is to pray and then to connect with me with Jesus, receiving ministry and guidance directly from him. I understand that if I am dealing with an issue that needs psychological treatment or therapy that has empirical research to prove its effectiveness, the Immanuel process does not make that claim. I release Flamborough Christian Fellowship and their volunteers or staff from any liability for any harm or perceived harm resulting from my voluntarily receiving ministry on this or subsequent visits. I understand that should any notes be taken during this session, they will not include details of any issues uncovered but only notes on how Jesus ministered in this setting. I understand that if I am taking medicine or treatment, no comments from my coach should be construed to cause me to change my current course of actions without advice from a trained medical practitioner.

Signed \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/ Guardian \_\_\_\_\_  
(if recipient is under the age of eighteen)

Name of Coach: \_\_\_\_\_

Karl D. Lehman, M.D.

[www.kclehman.com](http://www.kclehman.com)

Charlotte E. T. Lehman, M. Div.



IMMANUEL APPROACH  
RELEASE FORM  
Flamborough Christian Fellowship

Name of anyone else in attendance: \_\_\_\_\_